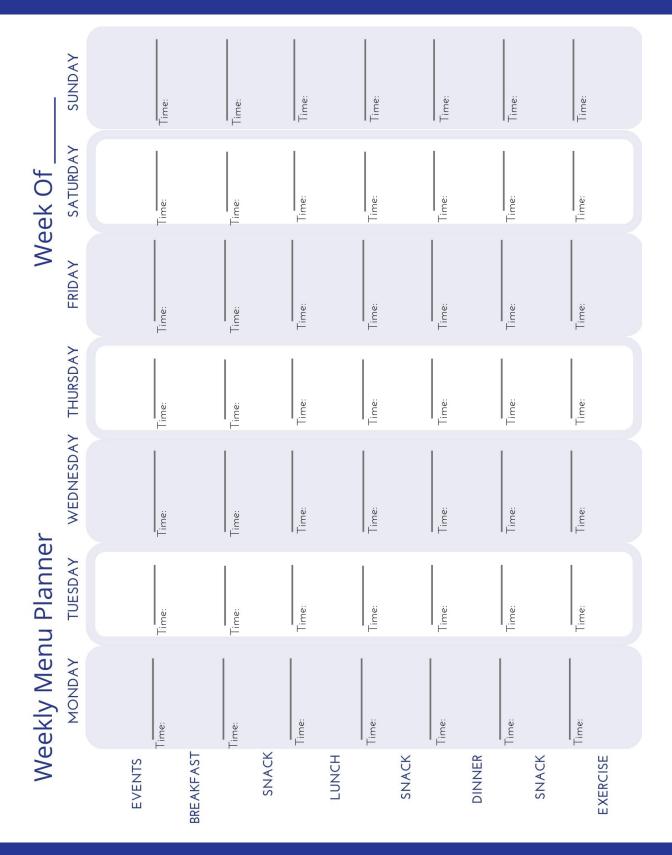


WEEKLY MEAL PLANNER & GROCERY LIST





Week Of_____ Grocery List

FRUIT	VEGETABLES
MEATS/PROTEINS	DAIRY
GRAINS/STARCHES	MISCELLANEOUS